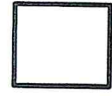


Show off sheet

Wk



16.11.21

First Aid Training

Yr 4

"Call 999 if you need an ambulance." (AB)
"If you fall over and your knee is bleeding,
you need to stop the blood, then you need to put a
plaster on it." RP

"You need to hold an ice pack on a bumped head for
ten minutes." (LP)

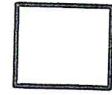
"You need to roll someone on their side if they don't
wake up." (JB)

"You don't call 999 unless you have an
emergency." (IJ)

"You need to know your address in case
you need to call 999." (VP)

Show off sheet

Wk



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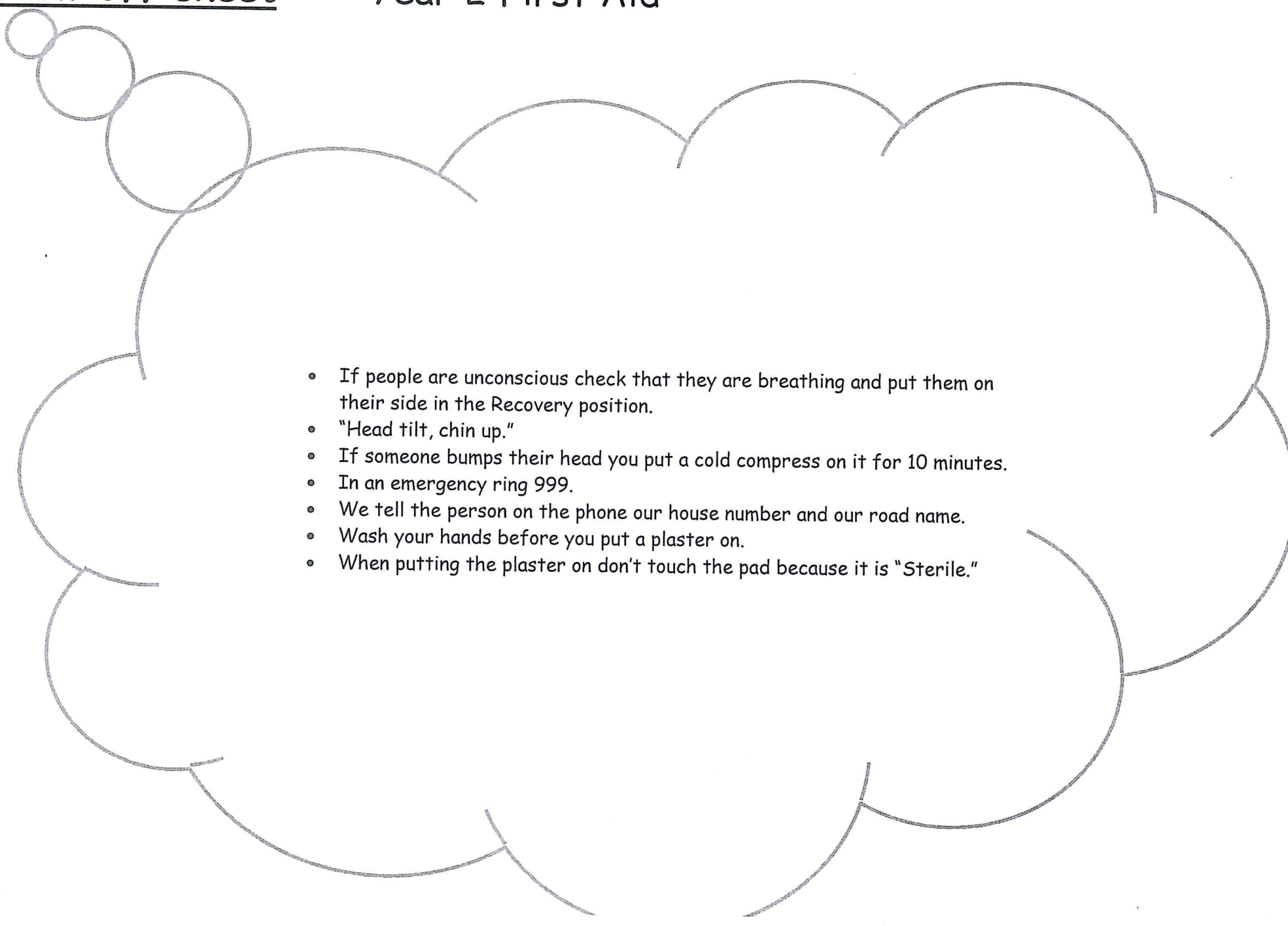
Show off sheet

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16.11.21
First Aid Training

Yr 4.

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- 
- If people are unconscious check that they are breathing and put them on their side in the Recovery position.
 - "Head tilt, chin up."
 - If someone bumps their head you put a cold compress on it for 10 minutes.
 - In an emergency ring 999.
 - We tell the person on the phone our house number and our road name.
 - Wash your hands before you put a plaster on.
 - When putting the plaster on don't touch the pad because it is "Sterile."

Boastful Bubbles

Wk

1

223

We now know...

^{danger:}
D R A B stands for ~~doctor~~ response, airway and breathing. You must now give your address to call the ambulance. If your nose is bleeding then pinch it for ten minutes. If you are choking then pat your back with pressure. Don't peel your scabs or otherwise it will bleed. If they are have a loss of sight then they will feel very dizzy and waxy. Hello cheeky fancy a knees up over to me is to turn your patient the right way. If you are choking you will also cough alot. If your patient is the road don't fear to them if you're a child it is not safe. If they're head has gotten hurt then put a cold compress on their head. A theme for gagging is loud and red then let them go ahead. A theme for choking is silent and blue & need help from you. To call an ambulance you must call 999.

Key words and ideas we know are...

D R A B
 → Danger,
Response,
Airway,
Breathing
nose bleed
below cheeky
gagging your nose
up over to me
bandage
5 rescue
breath
30-comp
2 breath
swelling
20 minutes
choke
cling film
compression

999

Boastful Bubbles

Wk

We now know...

First, you check for dangers,
 what are cars, bikes,
 motor bikes, vans and
 lorries. Next, you realise
 that means is there
 anything or taking and
 moving. Then you
 check the air way so
 you listen to the
 anything. Now you do the
 hello position. Fancy road.
 Push up. Push up. Push
 up.

Key words and ideas we know are...

- First Aid
- ab
- danger
- respirans
- airways
- breathing
- cling film
- compressions
- sweating
- concussion
- patient
- thrusts
- born
- position
- breath
- body
- blood
- choke
- bandages
- plasters

For worn / plasters

Boastful Bubbles

Wk 1

We now know...

DRAB means danger Response
 air way Breathing.
 CPR casualty recovery position
 head tilt hello cheeky over to
 me, scald caused by scumting
 wet steam water ecto feel
 let them go Ahead: if
 you have a burn dont
 put a bange on it
 put cling foil. if you are
 bleeding put a towel on.
 if the person is not
 breathing blowby put

Key words and ideas
we know are...

- BREING
- DRAB
- AIRWAY
- DANGER
- RESPONDS
- SWELLING
- BURNING
- CLINGFILM
- COMPRESS
- CONCOSEN
- BANDING
- POSENT
- THRUST
- BLEEDING
- CPR
- BIKE
- PLASTER
- CHOKER

Boastful Bubbles

Wk

1

We now know...

When you have Noise bleed you put your head down and hold your Noise. When the person has no response you call 999. When the person is choking you Squash their tummy it will come out. If they don't Wake up do 30 Compressions. You have to always look for danger if someone is on the road. Don't pick them up to not Spread Germs to just let the 999 people do it. DR AB means

Danger. D Response. R Airway. A Breathing. B. Also put a cold Compress for 10 minutes.

Key words and ideas we know are...

response

Pressure

Address

danger

wear it

30 compressions

Breathing

conused, lost memory

swelling

bandages

Air ways

concussion

Position

DR A.B

APPLY

Patient

Ehusts

choker

Boastful Bubbles

Wk



We now know...

- DR AB means Danger, Response, Airway, Breathing.
- If someone is bleeding apply pressure with something absorbant.
- If someone is choking get a fist and wrap with the other hand and squeeze.
- If your hand is burned 20mins of cold water.
- If someone falls off a bike and hits their head they may lose their memory.

Key words and ideas we know are...

DRab DR AB
 choke
 concussion
 Patient
 thrusts
 Danger
 position
 bandage
 plaster
 response response

Boastful Bubbles

Wk



WLP First Aid

We now know...

What we understand by first aid. What sensible choices we can make to help someone who may need first aid. We learnt to stay sensible and calm and ask for help.

We learnt about 4 steps in a primary survey, including clearing airways and checking for breathing and place in the recovery position.

How to perform CPR, 5 breaths, 30 compressions, 2 breaths. We know how to treat choking and burns.

The 1st aider is the most important person!

Key words and ideas we know are...

caring

emergency

emergency services / call

What 3 words app

GPS.

Primary survey - DRAB.

- danger - response

- air way - breathing

Head tilt - chin lift

Recovery position.

CPR - mouth to mouth

- compression

choking

burns / scalds.

Show off sheet

999

Danger

Breaks

The difference between
burns and scalds is
that burns are dry and
scalding is wet.

Checking
When you call 999,
you have to say where you
are.

Use cold water
on or head
for 10 minutes

Airway

Wrap your burn
in clingfilm when
it is not bigger
than your palm.

Sling

When you get
a burn put
your burn under
the tap for 20
minutes.

Paramedic

When your wind
is hurt get an
adult and call
an ambulance.

When someone is bleeding, cover it in
cloth.

Response
If someone is choking, then
you need to tilt them forward
and hit their back. Also
press their stomach so
burn it will come out.

"Tello checky! Fancy a knees up!
over to me!"

The number you have to call
for help is 999.

Breathing

If someone isn't breathing
give CPR.

Abdominal
Thrusts

Cling film

Show off sheet

- a scald is a wet burn and a burn is a dry burn.
- The saying to put someone into the recovery position is Hello Cheeky ~~over to me~~ fancy a knees up over to me
- Head tilt, chin lift and check for 10 seconds to make sure they are still breathing normally.
- If they are not breathing normally first do 5 breaths then 30 compressions then 2 breaths.
- You should put nothing on a fresh burn
- You should cover a fresh burn with cling film
- If you are choking you have to tell them to bend forwards hit them hard between the shoulder blades up to 5 times.
- Give up to 5 abdominal thrusts.

Show off sheet

If someone is gagging, let them and you don't know what to do, call for help. If you have enough time to, work out what to do.

If someone is choking, help them.

If someone is unresponsive and aren't breathing, give them CPR. If you don't know what to do, call for help.

If someone has hurt their head, give them CPR. If you don't know what to do, call for help.

If someone is gagging, let them and you don't know what to do, call for help.

If someone is choking, help them.

If someone is unresponsive and aren't breathing, give them CPR. If you don't know what to do, call for help.

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If someone is gagging, let them and you don't know what to do, call for help.

If someone is choking, help them.

If someone is unresponsive and aren't breathing, give them CPR. If you don't know what to do, call for help.

If someone has hurt their head, give them CPR. If you don't know what to do, call for help.

If a burn has happened, never cool it. Put ice on it. Put running water on it. If you can't get to a hospital, take them to a hospital.

When someone has fallen, it's best to leave them as they are because you don't know what they have hurt. If they are not moving, they probably can't breathe. Check if they can breathe.